

**၁ ပူးတရူး ၂:၂၁-၂၃ 21** အဂုဒ်အံ၊ သုဒီးတင်ကိးန့ၢ်သုဆူအဝဲန့ၢ်လီၤအဂုဒ်အံ၊ ခရံဒီးတင်လၢပယိ၊ ဒီးဟံလီၤတံာ်အဒိအ တံာ်၊ ဒ်သိးပကယိၢ်အခိၣ်လီၢ်န့ၢ်လီၤ. **22** အဝဲဒၣ်တမၤ ဘၣ်တၢ်ဒဲးဘးဘၣ်၊ ဒီးတၢ်တထံၣ်န့ၢ်ဘၣ်တၢ်လီၤတၢ် ဝုၤလၢအထးခိၣ်ဘၣ်. **23** ဘၣ်တၢ်ဒုၣ်ဒွဲၣ်၊ ဒီးတဒုၣ်ဒွဲၣ်ဆၢဘၣ်ဝဲဘၣ်. ဒီးတၢ်ဒီးတကတိၤပျံၤဘၣ် တၢ်ဘၣ်၊ မ့ၢ်အအးလီၤအသးလၢပုၤစံၣ်ညီၣ်တၢ်တီတ ဂၤအစုပူၤလီၤ.

- 21) What does Peter tell us about following Jesus?
- 22) Do you find these words encouraging or discouraging? Why?

**ဧကရိယ ၁၂:၁-၃** မၤသးဒ်န့ၢ်ဒီး၊ ပုၤအုၣ်အသးဂီၢ်မုၢ်ပုၤန့ၢ်အိၣ်ဝးတရံးပုၤသတးဒီး၊ မံပဝဲဒၣ်စ့ၢ်ကိးဟံလီၤကွံာ်ကယံာ်တၢ် အဃာတမံၤလၢလ်၊ ဒီးတၢ်ဒဲးဘးလၢပမၤအီၤညီၣ်ဒီး တၢ်ဃုာ်သတြီၤအိၣ်လၢပမံာ်ညါန့ၢ်၊ မံပဃုာ်လၢတၢ် သးစူၤတက့ၢ်. **2** ဒီးပုၤလၢအဒုးကဲထီၣ်ဒီးမၤလၢထီၣ်ပုၤထီၣ်ပတၢ်န့ၢ်၊ ယုၣ်ရှုးတဂၤန့ၢ်၊ မံပကွံာ်ဃီတၢ်ဆူအ အိၣ်တက့ၢ်. အဝဲဒၣ်ဒီးထူၣ်စုညါ၊ ဒီးဟံတၢ်မံာ်ဆုးလၢ တၢ်နီတမံၤဘၣ်၊ လၢတၢ်သးခုအိၣ်ဟံလီၤအသးလၢအ မံာ်ညါအယိ၊ ဒီးဆုၣ်နီၤဝဲလၢယွၤအလီၢ်ပစိာ်အစုထွဲတခီလီၤ. **3** အဂုဒ်အံ၊ ကွံာ်ဆိကမိၣ်ပုၤလၢအဝံသးစူၤပုၤ မၤတၢ်ဒဲးဘးအတၢ်မၤတံာ်တံာ်ထီၣ်ဒါအီၤထဲန့ၢ်၊ ဒ်သိး တၢ်ဘျးသုသးသုတအိၣ်၊ ဒီးသုသုတလီၤဘျးလီၤတီၤ တဂ့ၤန့ၢ်တက့ၢ်.

- 23) Who are the examples of faith?
- 24) Why does the writer of Hebrews say to focus on Jesus?
- 25) How does focusing on Jesus help us to follow more nearly?
- 26) What is the key to following Jesus more nearly based on all these passages we have looked at today?<sup>4</sup>
- 27) What will you do to follow Jesus more nearly this week?

**Follow Thee More Nearly**

**မးသဲ ၄:၁၈-၂၀ 18** ဒီးဟးဝဲလၢပိၣ်လဲၣ်ကၤလံၤလါအနံၤ၊ ဒီးထံၣ်ပုၤဒီပုၤဝဲၣ်ခံၤ၊ စီၤရှံမိၣ်ကိးဝဲလၢစီၤပူးတရူး၊ ဒီးအဒီပုၤဝဲၣ်စီၤအၣ်ဒရူး၊ တုၢ်လီၤစၢလၢပိၣ်လဲၣ်ပူၤလီၤ. အဂုဒ်အံ၊ မ့ၢ်ပုၤမၤညီၣ်လီၤ.

**19** ဒီးယုၣ်ရှုးစံးဘၣ်အီၤ၊ ဟံယခံတက့ၢ်. ဒီးယကဟံသုလၢပုၤမၤညီၣ်ပုၤကညီ လီၤ. **20** ဒီးအဝဲ သ့ၣ်ဟးသဒၣ်စၢတဖၣ်န့ၢ် တကီၢ်ခါ၊ ဒီးဟံထီၣ်အခံလီၤ.

- 1) Do you think this was the first time that Peter and Andrew had heard or met Jesus? Why or why not?
- 2) How did Jesus call them?
- 3) What do you think Jesus meant by telling them he would teach them how catch people?
- 4) What do you think Peter and Andrew thought Jesus meant by following him?

**မးသဲ ၁၀:၃၇-၃၉ 37** ပုၤလၢအအဲၣ်အမိၢ်မ့ၢ်ဂ့ၤ၊ အပၢ်မ့ၢ်ဂ့ၤ၊ အါန့ၢ်အအဲၣ်ယၤအံၤ၊ တကြားဘၣ်ဒီးယၤဘၣ်၊ ဒီးပုၤလၢ အအဲၣ်အဖိမုၢ်မ့ၢ်ဂ့ၤ၊ အဖိခွါမ့ၢ်ဂ့ၤ၊ အါန့ၢ်အအဲၣ် ယၤအံၤ၊ တကြားဘၣ်ဒီးယၤဘၣ်.

**38** ဒီးပုၤလၢအတဟံး န့ၢ်ဘၣ်အထူၣ်စုညါဒီးဟံယခံဘၣ်တဂၤန့ၢ်၊ တကြား ဘၣ်ဒီးယၤဘၣ်. **39** ပုၤလၢအထံၣ်န့ၢ်အသးသမူန့ၢ်၊ ကမၤဟါမံာ်ကွံာ်အီၤလီၤ. ဒီးပုၤလၢအဒုးဟါမံာ် အသး သမူလၢ ယယိအံၤ၊ ကထံၣ်န့ၢ်ဘၣ်အီၤလီၤ.

- 5) How does Jesus describe the cost of following him?
- 6) Which of the things he lists would be most hard for you?
- 7) Does Jesus say that we cannot love our family?
- 8) How was the cross seen in the days of Jesus?
- 9) What does this say about following Jesus?

**၁ ကရံနံ သူး ဘး၁၂-၁၃ 12** ဒီးယစံးတၢ်အံၤ, သုစံးသုဝဲတဂၤဒီးတဂၤ, ယဲဒၣ်အံၤ,ယမ့ၢ်ပှၤဘၣ်ဃးဒီးစီၤပီလူး, ဒီးယဲဒၣ်အံၤ, ယမ့ၢ်ပှၤဘၣ်ဃးဒီးစီၤအပီးလိၤဒီးယဲဒၣ်အံၤ, ယမ့ၢ်ပှၤဘၣ်ဃးဒီးစီၤကွၤဖး, ဒီးယဲဒၣ်အံၤ, ယမ့ၢ်ပှၤဘၣ်ဃး ဒီးခရံၣ်လီၤ. **13** တၢ်လၢခရံၣ်န့ၣ် လီၤဖးအသးဒါ,မ့ၢ်စီၤ ပီလူးဒီးသံအသးလၢ ထူၣ်စုညါအလိၤ လၢသုဂီၢ်ဒါ. မ့ၢ်သုဒီးဘျၢ\*သုသးဆူစီၤပီလူးအမံၤအပူၤဒါ.

- 10) What was the problem in the church at Corinth?
- 11) Why was this a problem?
- 12) What is Paul's answer to this problem?
- 13) How does this problem creep into the church today?

**ကလၢတံၢ် ၅း၁၆ 16** ဘၣ်ဆၣ်ဒီးယစံးယဲ, လဲၤတၢ်လၢသးအပူၤတက့ၢ်. ဒီးသုညါအသးကွံတၢ်န့ၣ်, သုတမၤလၢထီၣ်ပွဲၤထီၣ်တ ဂ့ၤ.

- 14) What do you think it means to walk by the Spirit?
- 15) How did Jesus do this?
- 16) How can you do this?

**မးသဲ ၂၈:၁၈-၂၀ 18** ဒီးယုၣ်ရှုးဟဲဃီၤ, ဒီးကတိၤတၢ်ဒီးအီၤ, ဒီးစံးဝဲဒၣ်, တၢ်ဟ့ၣ်လီၤလံၤယၤလၢ ကယဲၢ်တၢ်ဖိတၢ်ကမိၤလၢ မူ ခိၣ်, ဒီးလၢဟီၣ်ခိၣ် ချၢလီၤ.-မၤသးဒ်န့ၣ်ဒီး, လဲၤဒုး ကဲထီၣ်ပှၤကလုာ်တဖၣ်ခဲလၢ်လၢ ယပျဲၤယဘီၣ် တက့ၢ်. ဒီးဘျၢအီၤလၢပၢ်, ဒီးသးစီဆုံအမံၤအပူၤ တက့ၢ်.- ဒီးသိၣ်လိၤသီလိၤအီၤ, ဒ်သီးအကတိၢ်န့ၣ်က ယဲၢ်တၢ်လၢယမၤလိာ်တၢ်သုခဲလၢ်တက့ၢ်. ဒီးကွၢ် ကွၢ်, ယအိၣ်ဒီးသုကိးမုၢ်နံၤမုၢ်နၤဒဲးတုၤ တၢ်အစီၤက တၢ်လီၤ.အမ့ၢ်

- 17) What does Jesus tell his followers to do?
- 18) How can Jesus tell them to do this?
- 19) What did Jesus command?
- 20) What does obeying Jesus have to do with following him more nearly?