

## Fight the Good Fight

**စံးထီၣ်ပတြၢၤ ၁၄၄:၁-၂ 1** ယွၤ, ယလၢၢ်ယလ့, ပုၤလၢအသိၣ်  
လိယစုၣ်ဒ်သိး အကဒုးတၢ်, ဒီးယစုၣ်ဒ်သိးအကဒုးသုးတၢ်တကၤန့ၣ်  
မ်အဘၣ်တၢ်စံးထီၣ်ပတြၢၤအီၤတက့ၢ်. **2** မ့ၢ်ဝဲလၢယ ဘျးယဖျိၣ်,  
ယတိၢ်ယတၢ်, ယတၢးထီၣ်ထီ, ဒီးပုၤ မၤပူၤမၤဖျဲးယၤ, ယကတီၤတဘျီ,  
ဒီးပုၤလၢယသန့ၤ ယသးလၢအီၤ, ပုၤလၢအဟံၣ်ယပုၤဂီၢ်မုၢ်လၢယဖီလၢ  
လီၤ.

- 1) How is God described in these verses?
- 2) Does anything surprise you about his description?
- 3) How does God train us to fight?

## Our Weapons

**အုးဖုးစူး ၆:၁၀ 10** တၢ်ကတီၤလၢခံကတၢ်, ယပုၤသ့ၣ်ဝဲၣ်သ့ၣ်ဒၤ,အိၣ်  
ဆူၣ်အိၣ်ချ့လၢကစၢ်အပူၤ, ဒီးလၢအဝဲဒၣ်အစိအကမီၤ  
အဂံၢ်အဘါအပူၤတက့ၢ်.

- 4) Where does our power to fight this war come from?
- 5) How has God shown his might in the past?

**အုဖးစူး ဖ်း၁၁ 11** သိးထီၣ်ယွၤအစုကဝဲၤခဲ လၢၣ်, ဒ်သိးသုကြီမုၢ်  
ကီၤလံာ်အတၢ်လီတၢ်ဝုၤကသ့န့ၣ် တက့ၢ်.

6) Why does God give us armor?

**အုဖးစူး ဖ်း၁၂ 12** အဂ့ၢ်ဒ်အံၤ,တမ့ၢ်ဘၣ်ပကနီၤဒီးတၢ်သ့ၣ်ဒီးတၢ်  
ဖံးတၢ်ညၣ်ဘၣ်, မ့ၢ်လၢတၢ်အခိၣ်,ဒီးတၢ်အစိအကမီၤ, ဒီးအအံၤတယၣ်  
အတၢ်ခံးအကစၢ်, တၢ်နါအိၣ်လၢမူခိၣ် အလီၢ်တဖၣ်လီၤ.

7) How are our enemies described?

8) What does wrestling imply?

**အုဖးစူး ဖ်း၁၃ 13** မၤသးဒ်န့ၣ်ဒီး, ဟံးန့ၢ်ယွၤအစုကဝဲၤ ခဲလၢၣ်,  
ဒ်သိးသုဆၢထၢၣ်လၢမုၢ်နီၤအအၢန့ၣ်ကသ့,ဒီး ဒ်သိးသုမၤတၢ်ခဲလၢၣ်ဝံၤဒီး,  
သုကဆၢထၢၣ်တက့ၢ်.-

9) Why do we need all the armor?

10) Why do you think Paul repeats what was said in verse 11?

**အုဖးစူး ဖ်း၁၄ 14** မၤသးဒ်န့ၣ်ဒီး, ကံာ်တူၢ်သုယီၤဒုဒီးတၢ်မ့ၢ်တၢ်တီ, ဒီး  
သိးထီၣ်တၢ်တီတၢ်လီၤအသဃိး,

11) Why do we need truth like a belt?

**ယီၤဟ့ၣ် ၁၄:၆ 6** ယ့ၣ်ရှုးစံးဘၣ်အီၤ, ယဲဒ်အံၤယမ့ၢ်ကျဲ, ဒီး  
တၢ်မ့ၢ်တၢ်တီ, ဒီးတၢ်မူလီၤ. မ့တမ့ၢ်ဘၣ်ယၢဒီး, ပှၤ တဟဲဘၣ်  
ဆူပၢ်အအိၣ်နီတဂၤဘၣ်.

12) How does Jesus describe himself?

13) What do you think this has to do with the belt in our armor?

14) Why should God’s approval be our breastplate?

**ရိုမူ ၅:၁၈-၁၉ 18** မၤသးဒ်န့ၣ်ဒီး, ဒ်တၢ်စံၣ်ညီၣ်ဃုာ်ဟဲဆူပုၤခဲလၢ်  
လၢတၢ်ကမၣ်တမံၤအယိအသိးန့ၣ်, တၢ်တီတၢ်လိၤ ဘၣ်ဃးဒီးတၢ်မူက  
ဟဲဆူပုၤခဲလၢ် လၢတၢ်တီတၢ်လိၤ တမံၤအယိ,ဒ်န့ၣ်အသိးလီၤ.

**19** အဂ့ၢ်ဒ်အံၤ, ဒ်တၢ်ဟံပုၤ အါဂၤလၢတၢ်ဒဲးဘးဖိလၢ  
ပုၤတဂၤအတၢ်တစူၢ်ဘၣ်အ ဃိအသိးန့ၣ်, တၢ်ကဟံ  
ပုၤအါဂၤလၢတၢ်တီတၢ်လိၤ လၢပုၤတဂၤအစူၢ်တၢ်အယိ,ဒ်န့ၣ်အသိးလီၤ.

15) Who is the one man that condemned us?

16) Who is the one man that brought us God’s approval?

17) What does this have to do with our breastplate?

**အးဖးစူး ၆:၁၅ 15** ဒီးဖျါၣ်သုခိၣ်ဒီးတၢ် သးခုအကစီၣ်  
ဘၣ်ဃးဒီးတၢ်ဃူတၢ်ဖိးအတၢ်ကတဲာ် ကတီၤ,ဒီးဆၢထၢၣ်တက့ၢ်.

18) What does the Gospel/Good News have to do with peace?

19) Why are the shoes associated with the Good News/Peace?

**ယိဟန် ၁၄:၂၇ 27** ယဟ်လီၤတဲာ်တၢ်ဃူတၢ်ဖိးဒီးသု, ယတၢ်ဃူတၢ်ဖိး န့ၣ်, ယဟ့ၣ်လီၤသုလီၤ. ယတဟ့ၣ်ဘၣ်သု ဒ်ဟီၣ်ခိၣ် ဟ့ၣ်တၢ်အသိးဘၣ်.

သုသးန့ၣ် သုတကိၢ်သုတဂီၤတ ဂ့ၤ, ဒီးသုသုတသးအူးတဂ့ၤ.

20) Whose peace do we have?

21) Why do we need this peace?

22) What does this peace have to do with our shoes?

**ကလၢတံ ၃:၂၇ 27** အဂ့ၢ်ဒ် အံၤ,ဖဲဒ်ပုၤဒီးဘျါ

အသးဆူခရံၣ်အပူၤတဖၣ်န့ၣ်, မ့ၢ်အ ကူထီၣ်သိးထီၣ်ခရံၣ်လီၤ.

23) How are we clothed with Christ?

24) What does this passage from Galatians have to do with our armor?

**အူးဖူးစူး ၆:၁၆ 16** လၢတၢ်ခဲလၢာ်အဖီခိၣ် န့ၣ်, ဒ်သိးသုမၤလီၤပံာ်မုၢ် ကီၤလံာ်အပျါမ့ၢ်အူခဲလၢာ် လၢအီၤကသ့ဒီး,ဟံးထီၣ်တၢ်န့ၣ်အကတီၤတက့ၢ်.

25) What are the flaming arrows of the devil?

26) How does our faith defend us against these arrows?

**အူးဖူးစူး ၆:၁၇ 17** ဒီး ကုာ်ထီၣ်တၢ်အုၣ်က့ၤခိၣ်က့ၤအခိၣ်ကုာ်သုး, ဒီးဟံးထီၣ် သးအနးလၢအမ့ၢ်ယွၤအကလုာ်အကထီၣ်တက့ၢ်.

27) Why do you think salvations is our helmet?

28) What is our weapon to fight with? Why?

29) Based on this study, how can you fight the good fight?